

Ana Aslan



Made by Trifa Sorana

Ana Aslan was born on 1st of January 1897 in Brăila, Kingdom of Romania, she was a Romanian biologist and physician, specialist in gerontology.

Between 1915 and 1922, she studied medicine at the University of Bucharest and she specialized in cardiology, gerontology and geriatrics.

In 1952, she developed the H3 vitamin, also known as Gerovital, a pharmaceutical product for the treatment of the aging process and some of diseases affecting elders, that has been used in more than 70 countries around the world



During the following years, thousands of people tested the product and the results were positive, indicating that the aging process had been slowed down by 40%.

The same year she founded the world's first Institute of Geriatrics, which later became the National Geriatrics and Gerontology Institute.



Ana Aslan was a member of The Science Academy of New York, of the World Union of Prophylactic and Hygiene Medicine, honorary member of European Center for Medical Research, president of International Association of Gerontology, and president of Romanian Society of Gerontology.



Among the famous people who used Aslan's Gerovital treatments were Salvador Dali, Sir Winston Churchill, Charlie Chaplin, Marlene Dietrich, Greta Garbo, Konrad Adenauer, John F. Kennedy and the Romanian presidential couple Elena and Nicolae Ceausescu.

She received many awards and distinctions such as Commander of the Order “Meritor Della Republica” (1969), Commemorative Gold Medal, Cavalier de la Nouvelle Europe, Prize Oscar (1973), Commander of the Order “De Orange Nassau” (1975), L’Ordre du Merite (1976), Honor Foreign Citizen and Honorary Professor of Sciences, Manila, Philippines (1978) and Officer of the Order “Merito Della Republica Italiana” (1979)



In 1980, she invented a new product called Aslavital that was used for prophylactic treatments of cerebral and cardiovascular aging processes, physical and mental asthenia or memory losses.



Ana Aslan died on 20th of May 1988 in Bucharest. In 2001, the Ana Aslan International Foundation was created and in 2008, the Clinic for Longevity, Healthy Aging and the Prevention of Brain Aging was founded in Bucharest.

