

# ICEBREAKING GAME

# GYM PATH

- Start running from the start line
- Jump on two feet the obstacles (blue mats)
- Walk on the white band
- Hop in the circles: on one foot in the single circle, on two feet in the couple of circles
- Zig zag jump the blue line
- Run again
- Dribble in slalom between the cones
- Dribble back to the start line doing the path backwards!



***HAVE FUN !!!!***