



Erasmus+ Programme – School Exchange Partnerships

Project nr: 2020-IT01-KA229-079019

Project Name: BULLYING RUDENESS EXPLOITS AGAINST KID
TIME FOR INCLUSION IN MULTICULTURAL EUROPE
(BREAK TIME)



LEARNING / TEACHING / TRAINING ACTIVITY REPORT

Dates of the Learning / Teaching / Training Activity: 05-09 / 12 / 2022

The host school: Narva Pähklimäe Gümnaasium / ESTONIA

1st DAY (Monday -05.12.2022)

1. After the warm welcome by the headmaster and the project manager of the school the team had a tour around the school led by the students of the hosting school. During this tour the participants had a chance to visit various classes and talk to local teachers and students.
2. The students from NPG made a powerpoint presentation about Estonia and Narva Pähklimäe Gümnaasium.
3. All the student participants took part in an ice breaking activity - the mobile games “Clock Hands” and “Dragons played a game” in order to get to know each other better.
4. The games “One story”, “5 facts about me” and “Interview” were organized for the students to improve their social skills.
5. A national game “Kaks samm sissepoole” was introduced to the participants accompanied by Estonian music.
6. Afterwards the Break Time team visited a relation organization Non-formal learning Center Vita Tiim, where anti-bullying activities were organized for team members in cooperation with another International team of teachers from Latvia, Lithuania, Portugal, Slovenia and Turkey. The team leaders spoke about future cooperation in the project work.

2nd DAY (Tuesday -06.12.2022)

1. During the visit to the City Council the participants met the mayor of Narva and discussed the topic of education and the differences in educational systems in their countries.
2. The teachers visited a related organization, Tartu University Narva College. They had a tour around the College. The specialists from TUNC shared their international project work experience and the methods they use in anti-bullying programs. The team leaders spoke about future cooperation in the project work.
3. The students attended the workshop “Traditional Estonian dance” where they learned to dance the most popular traditional dances in Estonia.

4. The Spanish team made a presentation on the topic of “Social integration into school life, cultural understanding and dialogue”, they talked about living together in Europe and developing an Intercultural dialogue in Education.
5. The Estonian team talked in their presentation about the importance of Game Based Learning in Modern Education.
6. The participants learned how to play the “TEAM BLANKET”, “Change the places those who...”, “Brazilian football”, “Impulse“ and “Piano” games.

3rd DAY (Wednesday- 07.12.2022)

During the 3rd day the team visited the University capital of Estonia - Tartu. The participating teachers and students got acquainted with the National Museum of Estonia and visited the Science Center Ahhaa, where they saw the latest developments in the areas of technology and science in Estonia.

4th DAY (Thursday- 08.12.2022)

1. On the 4th day of the meeting the participants visited Narva Castle, the historical and cultural place, to get familiar with the history of the city and the culture of local people.
2. A “Traditional Christmas cookies” workshop was organized at school, which contributed to the creation of a Christmas atmosphere. All the team members prepared traditional Estonian Christmas cookies.
3. The following games were introduced to the participants: “My fears”, “Draw in pairs”, “Mobile memory”. These games are focused on the development of social skills through social activities with the elements of drama.
4. The result of several day activities was clearly seen while playing the table games. The students improved understanding of each other, developed an interpersonal dialogue and overcame language barrier.

5th DAY (Friday- 09.12.2022)

1. During all the days of the mobility the students were shooting the video. At the end of the meeting the team edited a short video clip about the BREAK TIME project in Estonia.
2. The team visited the related organization Kaitseliit, where the participants overcame an unusual obstacle course with military and teamwork elements. Involvement into activities that they have never tried before gave them a chance to escape from social isolation being a “coach potato”, cope with various issues and reduce everyday stress.
3. The teachers discussed dissemination and sustainability activities. The team leaders prepared the list of participants and wrote the LTT Report of the mobility, then agreed about the next mobility in Italy, Naples, discussing the details of the future activities.
4. The coordinating organization hold the Certificate and Closing Ceremony with attendance of all the teams. The participants watched the concert prepared by the Estonian students.

Overall, the 4th LTT activity of our project in Narva, Estonia was successfully completed. During five days the participants implemented all the activities successfully.

The participation in the project activities benefited the involved participant students and they:

- developed their linguistic and communication skills;
- reduced their stress and violent behavior;
- identified self-esteem and self-confidence;
- understood the cultural component of the visited country;
- faced the opportunity to be without gadgets;
- took part in military activities;
- challenged his/her ordered lifestyle.

The teachers and students:

- collected the material for E-book;
- got information about Estonia, its culture, Narva Pähklimäe Gümnaasium, thus they had a chance to compare an Estonian school with their own organizations;
- increased their knowledge and skills about Game Based Learning in Modern Education, shared their experience and collaborated for new ideas.

The teachers:

- had a chance to broaden their perspective about problems that our project focuses on and had a chance to compare and contrast their own applications with other partners;
- exchanged experiences and opinions on the topic of project objectives;
- the teachers observed the school life in terms of project objectives when visiting various classes and talking to the teachers/students;
- were more motivated to learn or improve foreign language speaking skills since they had to communicate in other languages with partners during the visits;
- had intercultural respect and reduced prejudices, had a chance to get familiar with the culture and the local cuisine;
- performed their success in the dissemination process of the project activities and results;
- the teachers who took part in the mobility for the first time experienced working with colleagues from different countries and cultures, benefited from the opportunities of Erasmus+ projects and also observed the management and implementation of the project.

Vjatšeslav Konovalov
The Legal Representative