

# **TEACHING PLAYGROUND GAMES**

## **Traditional Turkish Children's Games**

Turkey's culture includes games children have played for generations. Every region of Turkey has a different history of cultural games the children have played, but similarities exist between the games in different regions. Some games have a history throughout Turkey and even into other countries. Children's games can involve objects, such as sticks, pebbles, balls or knuckle-bones. The game may be an active game, with jumping and running, or be a riddle, rhyme or game accompanied by a song. We believe that we play all the games in each country.

### **Stop Game-İstop**

*Type of game: outdoor*

*Material: a ball*

*Number of players: 4 players or more and an it*

*Time: no time limit*

### **Rules;**

- 1- Players are arranged in the shape of a circle.
- 2-Firstly, it will have the ball. It tells someone's name (who is playing the game) and at the same time it throws up the ball.
- 3- The one whose name is called by the it, will be the new it and will try to catch the ball.
- 4 - If it caught the ball on the air, it will say a new name.
- 5-If it can not catch the ball on the air, it will hold the ball and at the same time it will say 'stop'. And all players will stop where they are.
- 6-It will hit the player whoever s/he wants.
- 7- If s/he hits someone, the hit one will lose one point and will be the new it then s/he will continue by calling a new name.
- 8-If it can't hit anyone, the it will lose one point.
- 9- The one who lose most point will do something that the other players want. ( e.g. singing a song, jumping like a rabbit)



## **DODGEBALL (YAKANTOP)**

**Type of game:** outdoor

**Material:** a ball( enough place)

**Number of players:** 2 groups(in a group 2 players or more)

**Time:** no time limit

### **Rules;**

1-The game is played with two groups.

2-Each group will have a goalkeeper.(s/he stays at the opposite side of his/her team )

3-The goalkeeper hits the other team players.

4-If the goalkeeper hits somebody, s/he will go by the side of their goalkeeper. Or one of the players can catch the ball and they can hit the other players.

5-If the goalkeeper throws the ball on the ground then the ball hits somebody s/he will continue to play.

6-If the goalkeeper hits somebody first and another player catch the ball ( the ball won't touch to the ground). Two players will continue to play.



## Five Stone Game –Beş Taş

**Type of game:** indoor/outdoor

**Material:** Five round stones

**Number of players:** 2 or 3

**Time:** no time limit

- Stones are left free on the table . Player selects appropriate stone. Player throws chosen stone into the air and catches one stone from table then catches chosen stone.. Process continues until the end of the last stones. If you can not get the stone thrown into the air or one of the stone touches another stone, player will try again after the other players playing
- Stones are left free on the table. Player selects appropriate stone. Player throws chosen stone into the air and catches two stone from table then catches chosen stone.
- Stones are left free on the table. Player selects appropriate stone. Player throws chosen stone into the air and catches one Stone from table then catches chosen stone. Player selects appropriate stones. Player throws chosen stone into the air and catches three Stone from table then catches chosen stone
- Stones are left free on the table . Player selects appropriate stone. Player throws chosen stone into the air and catches four Stone from table then catches chosen stone.
- Stones are left free on the table.Player does bridge with fingers.

Player selects appropriate stone.

The other player chooses one Stone which will be played at the end ..Player throws chosen stone into the air and throw one Stone into the hands bridge then catches chosen stone.Player have two chance to do this. Process continues like this for every stone. If you can not get the stone thrown into the air or one of the stone touches another stone, player will try again after the other players playing

Finally, All of the stones in the palm of player's hand, throw up and catches Stones with palm reverse. Player wins the game who catches much Stone.



## Seven Stones –YEDI TAŞ

**Type of game:** Outdoor

**Material:** A ball and seven Stone

**Number of players:** Two team(3-4 players in each team)

**Time:** no time limit

### Rules;

- 1- The game plays with two team.
- 2- One player do one stone on top of the other for seven stones.
- 3- One team will be choosen for waiting near the stones .They will be it.
- 4 – The other team players,will pull down the Stones with a ball from the seven steps .
- 5- If the one player pulls down the Stones,it will hit the player with the ball . If they dont pull down the Stones.They will wait near the Stones.
- 6- It hits to the player with the ball –the player could be hit or not ,not important-after than it will do the Stones same .In that time the other team's players could catch the ball if they could catch the ball they will play again.If not it's team will play.

7- The game follows like this.



## Skipping- İp Atlama

**Type of game:** Outdoor

**Material:** A long rope

**Number of players:** 3 players or more

**Time:** no time limit

### **Rules;**

1-First , they choose how they will skip. For example; to skip one, two, three....; to skip first slowly after than fast...

2-Two players hold a long rope. They turn the rope.

3-The players skip how they choose.When the player couldnt skip, the player will hold the rope.

4-The game follows the same way.



## Island Game

**Type of game:** *outdoor*

**Numbers of players:** *5 players*

**Time:** *no time limit*

1-We will prepare four islands for the game(like a square's corners).

2-4 pupils will have islands each.

3-One pupil will catch the other pupils.

4-4 players change their island in each turn, but they must be careful because it mustn't catch them.

5-If it catches someone it will be the new it.

6-The players may cheat it by leaning towards the other sides.

It goes on like this.

## Uzun Essek: Long Donkey

**Type of game:** *outdoor*

**Numbers of players:** *3+3 players (for each team)*

**Time:** *no time limit*

- In American culture, Leap Frog has the most similarities to Long Donkey. But, instead of jumping over the other players as in Leap Frog, Long Donkey players jump on top of the other players' backs.
- Long Donkey involves two teams. Both teams form lines in which each person leans over and holds onto the person in front of them, forming one long line of backs facing upward.
- People from the other team jump on top of this line, attempting to knock it over.
- The team that remains standing with the largest number of people from the other team on top of it wins the game of Long Donkey.

