

RUGBY TAG



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WHAT IS RUGBY TAG?

- Tag rugby is a non-contact version of rugby, in which each player wears a special belt that has two tags attached to it.
- Instead of being tackled, a player carrying the ball can be ‘tagged’ by having a tag removed from their belt by a member of the opposition

HISTORY

- At first it was a game.
- A warm-up exercise for rugby players.
- The English named it "rugby-tag", in a rough translation rugby-scarf.
- They modeled it, established some rules and, from the 80s, it started to be practiced as an initiation sport in schools.
- It caught on quickly, it quickly crossed all of Western Europe, it even caused a stir in the USA, where it became mandatory.
- Since 2004 it has also arrived in Romania.

MATERIALS REQUIRED

- a ball
- belts with labels
- cones

THE BASIC RULES OF RUGBY TAG

Rugby-tag is played on a field of maximum 60m x30m. Several ridges delimiting the test space, 5-10 meters wide.

1. The teams have 5 players each and can be mixed (minimum 2 girls).
2. Each player has a belt on the waist, on each side of the hips of the hips, to which two belts are attached.
3. A player is not allowed to knock over the ball, bump or tackle his opponent, but only to rip off one of his scarves. At that moment he raises his hand with the scarf, shouts "Tag!"
4. When he loses a ball, the ball player is obliged to immediately pass it to a teammate. Passes can only be returned, just like in rugby.
5. If the ball carrier who lost the belt does not pass, possession is awarded to the opposing team.